

Above

Father/Masculine Archetype
Space/Ether/Spirit/Metaphysical
Inspiration/Compassion/Truth/Freedom

North:

- colour: White
- element: Earth
- signs: Capricorn, Taurus, Virgo
- realm: physical body
- time/season: night/winter
- phase of life: old age
- motion: stillness
- emotion: fear or

East:

- colour: Yellow
- element: Air
- signs: Aquarius, Gemini, Libra
- realm: Mind
- time/season: morning/spring;
 - phase of life: youth
 - motion: jiggle
 - emotion: joy
 - energy: new

West:

- colour: Black
- element: Water
- signs: Cancer, Scorpio, Pisces
- realm: emotions
- time/season: evening/autumn
- phase of life: mature adult
- motion: circling joints
- emotion: sadness/grieving
- energy: letting go, releasing, introspection

Within

Sacred Mystery
where
6 Directions meet
Silence
Oneness
Serenity

South:

- colour: Red
- element: Fire
- signs: Aries, Leo, Sag
- realm: energy
- time/season: noon/summer
- phase of life: young adult
- motion: deep breathing
- emotion: passion/anger
- energy: following through; creating change; vigour; service

Below

Mother/Feminine Archetype
Earth/Matter/Dense/Physical
Abundance/Beauty/Gratitude